

**ASSUMPTION OF RISK, RELEASE FROM LIABILITY,  
AND HOLD HARMLESS AGREEMENT**  
**FV3 Memorial Day Triathlon**  
**May 30, 2011**

**NAME OF PARTICIPANT:** \_\_\_\_\_

We're glad you are participating in the FV3 Memorial Day Triathlon. In order to offer the activity to you, we need your agreement to the following:

**ASSUMPTION OF RISK**

I recognize and voluntarily assume the risk of injury, and even death, and damage and loss to property, resulting from my (or my child's) participation in the triathlon. Swimming, bicycling, and running, and even walking, can cause stress to the body and interactions with other people, bicycles, and vehicles that expose a participant to the risk of injury, including death, and damage or loss to property. I represent that I am (or my child is) physically able to participate successfully in the triathlon. I agree that I (or my child) shall exercise reasonable care, obey all laws, and be alert and aware of others in participating in the triathlon. \_\_\_\_\_

Initials

**RELEASE FROM LIABILITY**

I agree not to make any claim or to bring any legal action against the Church of Jesus Christ of Latter-day Saints, including but not limited to the Huntington Beach California Stake, and the Fountain Valley 3<sup>rd</sup> Ward; Fountain Valley High School; the Boy Scouts of America, including but not limited to Troop 297; the private sponsors and promoters of the triathlon; and the officers, employees, agents, and representatives of each of the foregoing, by reason of any personal injury or death, or any damages or loss to property, that I (or my child) may suffer or incur by reason of participation in the triathlon, regardless of fault.

\_\_\_\_\_  
Initials

**INDEMNIFICATION AND HOLD HARMLESS**

I agree to defend, indemnify, and hold harmless the foregoing released parties from any and all costs, expenses, demands, causes of action, and claims arising from any personal injury or death, and from any damages or loss to property, that I (or my child) may suffer or incur by reason of participation in the triathlon, regardless of fault.

\_\_\_\_\_  
Initials

Signature of Participant: \_\_\_\_\_

Printed Name: \_\_\_\_\_

**If participant is under 18 years of age:**

Signature of Parent or Guardian: \_\_\_\_\_

Printed Name: \_\_\_\_\_